

## YLYF Program Details .

- **Youth Served** - Fathers ages 16 to 25 in Rochester, MN
- **Location** - 1025 Maywood Road SW Rochester, MN 55902
- **Length of Program** - On going throughout the year
- **Program meets weekly** - every Wednesday beginning August 11, 2010
- **Hours of Program** - 5:00PM to 7:00 PM
- **Contact:** Horace Bryant  
Director, SAG  
Phone: (507) 358-4335  
hbryant@savingageneration.net

### Supporting Resources

- Workforce Development, Inc.
- Hawthorne
- Project Hope
- Bright Futures

[www.savingageneration.net](http://www.savingageneration.net)

Place  
Stamp  
Here

P.O. Box 6573  
Rochester, MN 55903



YOUNG LIVES  
FATHERS

### Young Lives Young Fathers “Breaking the cycle”

While social-assistance programs have long been available to teenage mothers, it appears less effort has gone into helping young fathers. Young fathers who are left without resources or social supports struggle to sustain a positive presence in their child’s life, as well as maintain a supportive relationship with their child’s mother. Fathers of all ages cite good intentions to be involved with their children; however, key factors preventing their involvement include lack of money, poor relationships with mothers and their families, incarceration, substance abuse, and their own experience with the lack of involved fathers that influences their ability to exercise good parenting skills.

Outreach Program  
of  
Saving A Generation of Youth at Risk, Inc.

# Young Lives Young Fathers

Saving A Generation of Youth At Risk, Inc. offers a local community outreach program, Young Lives Young Fathers (YLYF), encouraging young fathers of the Rochester, MN. Community to come forward, seek help, and identify their needs. The primary goals of the Young Lives Young Fathers program is to create an awareness of parenting responsibility, direct these young fathers to the services they require and make every effort to help young men become better fathers, providers and mates while bettering themselves through counseling services and mentorship, particularly in the area of assistance in a job search.



## Program

The YLYF program provides a positive and supportive place where young fathers ages 16 to 25 can discuss their concerns. YLYF meet for group sessions once a week encouraging contact between other young father who can share their experiences and discuss child rearing, self-esteem, male-female relationships, and other topics that are brought to the floor which support our goals.

## YLYF Outreach Program

### Provides Assistance In

- Financial and personal self-sufficiency
- Gainful employment and job skills
- Education completion/ Encourage Post Secondary education
- Effective parenting skills and the benefits of accepting responsibility of fatherhood
- The legal aspects of fatherhood
- Behavioral issues/ Anger Management (A.R.T.)
- Delay of future unplanned pregnancies
- Self-esteem/Self Respect

